

# Stallholders

**Brighton Community Compost Centre** Turning the city's green waste into much needed organic compost 01273 680305

**Brighton and Hove Allotment Federation** 01273 292225

**Brighton and Hove Food Partnership** 01273 766650 [www.bhfood.org.uk](http://www.bhfood.org.uk)

**Brighton and Hove Organic Gardening Group** Selling organic seed potatoes on the day. 01273 725757 [www.bhogg.org](http://www.bhogg.org)

**Eco-logic Books** Selling books that provide practical solutions to environmental problems. 01225 484472 [www.eco-logicbooks.com/](http://www.eco-logicbooks.com/)

**Emerson College** Courses in Biodynamic organic agriculture. 01342 827775 [www.emerson.org.uk](http://www.emerson.org.uk)

**Edulis Nursery** 01635 578113 [www.edulis.co.uk](http://www.edulis.co.uk)

**Infinity Foods** Brighton's longest running whole-food co-operative. 01273 424060 [www.infinity-foods.co.uk](http://www.infinity-foods.co.uk)

**Moulsecomb Forest Garden and Wildlife Project** 01273707656 [www.seedybusiness.org](http://www.seedybusiness.org)

**Brighton and Hove City Council Sustainability Team** 01273 293331

**Hedgehog Herbs** community herb growing project 01273 549427

**Garden Organic** the national charity for organic growing 012476 303517 [www.gardenorganic.org.uk](http://www.gardenorganic.org.uk)

**Beans and Herbs** Specialists in unusual and heirloom varieties of bean seed, and also herb seed [www.beansandherbs.co.uk](http://www.beansandherbs.co.uk)

For discreet advice about seedy problems... chat to our **Seed Doctors** on their stall

**Special Branch** - nursery growing native trees and hedgerow shrubs from locally sourced seed. 01273 205886

**Thomas Eddy Esq.** Heritage seedsman & bulb merchant 020 8464 8901 [www.thomasetty.co.uk](http://www.thomasetty.co.uk)

**Tool sharpening demonstrations** with Peter May

**Whitehawk Food Community Project.** 07751 076395 [thefoodproject@yahoo.co.uk](mailto:thefoodproject@yahoo.co.uk)

**Corporate Watch** 01865 791 391 [www.corporate-watch.org](http://www.corporate-watch.org)

**I am Natural** [info@iamnatural.co.uk](mailto:info@iamnatural.co.uk) [www.iamnatural.co.uk](http://www.iamnatural.co.uk)

**Chilli Pepper Pete** 01273 705606 [www.chillipepperpete.com](http://www.chillipepperpete.com)

**Pennard Plants** [www.pennardplants.com](http://www.pennardplants.com)

**The Peace Centre** 01273 766610 [www.bpec.org](http://www.bpec.org)

**Rustic Mushrooms** 01435 860935 [rustic\\_mushrooms@btinternet.com](mailto:rustic_mushrooms@btinternet.com)

**Vegan Organic network** [www.veganorganic.net](http://www.veganorganic.net)

**Brighton RSPB** 01273 842138 [www.rspb.port5.com/](http://www.rspb.port5.com/)

and more....

# Seedy Sunday 2007

## PROGRAMME

### 6th Community Seed Swap

A warm welcome to this, the sixth annual community seed swap in Brighton. Some of you may recall the excitement of the first event at St Georges Hall in Kemptown back in 2002. The Old Market has been a great host for the last five years and so it is with some sadness that we have decided to move on from here, as refurbishment during 2007 will reduce the amount of space available to us. Our new home will be Hove Town Hall and we hope you will all follow us there next February. We are very excited about this development and expect Seedy Sunday 2008 to be bigger, brighter and even better than before!

The art of seed saving can be a tricky business and here at Seedy Sunday we aim to offer help and support to nurture your burgeoning talents. This year we are delighted to be able to present a talk from Sue Stickland on the subject. Sue has championed heritage vegetables for many years and her book "Back Garden Seed Saving" has been an inspiration to many. Her talk at 11am is sure to be popular, so get there early. Also look out for a leaflet called "Basic Seed Saving for Beginners" which is available (for a small donation) in the main hall. We are grateful to Ben and Kate from Real Seeds for writing this, and encouraging us to make it widely available. (It can also be downloaded free from their website at [www.realseeds.co.uk](http://www.realseeds.co.uk).)

Sunday 4th February

at

The Old Market

Upper Market Street, Hove

10am - 5pm

[www.seedysunday.org](http://www.seedysunday.org)



Teas, coffee and snacks all day  
Bar open from 12 noon

Organic cafe with Julie Mack  
Creche 11am-1pm and 2pm-4pm

*Seedy Sunday, Community Base, 113 Queens Road, Brighton, BN1 4XG*  
01273 381686 - [seedysundaybrighton@yahoo.co.uk](mailto:seedysundaybrighton@yahoo.co.uk) - [www.seedsunday.org](http://www.seedsunday.org)

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## TALKS AT SEEDY SUNDAY 2007

### So why should we seed swap?

For seeds to be sold commercially, they have to be registered on the European seed list, a costly process. Unfortunately, this has resulted in a seed list dominated with crop plants that suit the needs of industrial sized agriculture and a massive loss of plant varieties. This plant loss is seen across the world: The UN Food and Agriculture Organisation estimates that in the last 100 years we have lost 75% of plant diversity globally leaving our food supply much more susceptible to disease and to climate change. Seedy Sunday is essentially about protecting and saving endangered species of plants thereby enriching our local ecology and food culture - a summer bowl of Bunyards Matchless lettuce, Brandy wine tomatoes and Lazy Housewife beans fires our imaginations as well as our taste buds. So every time you save seed from plants in your back garden and allotments (and bring it along to Seedy Sunday to swap with others) you are not only saving a bit of cash but also helping to protect biodiversity.

Diversity is being further threatened by the dominance of hybrid seeds in the market place - seeds developed in laboratories whose progeny will not breed "true", thus giving ownership and profit to the breeders. The majority of the food plants we and our animals now eat are hybrids. This economically defined genetic engineering blunts the natural evolutionary dynamic that has existed for countless centuries between the whole family of life forms on earth. Seedy Sunday is also delighted to welcome Andrew and Sarah AKA the Seed Ambassadors ([www.seedambassadors.com](http://www.seedambassadors.com)) who present the case against hybrid seeds thus:

"Open-pollinated (OP) varieties, as distinct from hybrids, are entirely different constructs. Here are organisms which do not 'de-volve' at the culmination of each cycle of growth. Indeed, precisely the antithesis: OP crops breed 'true' from season-to-season. They are capable not only of being handed down, and improved from year-to-year, but also of being reinterpreted and used as inspiration for new varieties. With each and every cycle of replanting, open-pollinated varieties evolve with their environment and us: as we evolve with them. They possess an evolutionary integrity and with it access to both the wisdom and means - entirely precluded by hybrids - of conscious stewardship."

The Seed Ambassadors will be giving a talk about seed saving trends in Europe and America at 1.45pm. Read on for a full list of talks at this event. The talk room is on the first floor - please follow the signs from the main foyer.

Finally, thanks go to everyone who comes to this event and helps to make it so enjoyable - our speakers, stallholders, community groups, Julie and her organic chefs, the staff at the Old Market and most of all, to you the seed swappers. We hope you find what you are looking for...

*The Seedy Sunday Crew - who are, in no particular order:*

*Fran, Helen, Debbie, Neil, Val, Vicki, and Alan*

The talks will take place in an upstairs room at the Old Market and will be announced through the PA system. There will time for questions during each session.

### 10.30am 'Compost Puppet Show'

Alison and Heidi from Magpie provide a theatrical tale of composting, including a childrens workshop - numbers are limited to 30 in this session.

### 11.15am 'Vegetable Seed Saving'

Author of the famous 'Back-Garden Seed-Saving', Sue Stickland tells all about what you need to do to save vegetable seeds.

### 12.15pm 'Biodynamic wines'

Ben from Festival wines enthusiastically explains the wonder of Biodynamic Wine.

### 1.00pm 'Food in a Changing Climate'

Clare Devereux from Food Matters will discuss the political, social and environmental consequences of our current food system.

### 1.45pm 'Seed Saving Trends in Europe and America'

From Oregon, USA, Seed Ambassadors Andrew and Sarah talk about their experiences of seed-saving, including their current European adventure.

### 2.30pm 'Compost Puppet Show'

Another chance to catch entertaining education from Magpie since numbers will be limited to around 30 at each session.

### 3.15pm 'The World is a Tomato'

Neil Cantwell from the Seedy Sunday committee explores the philosophical lessons of the tomato, from seed-saving to wider issues in global food politics.



#### SAVING YOUR OWN SEED

Saving your own vegetable seed isn't rocket science but there are a few basic tips you should know.

❖ First, learn the ropes by starting with some easy crops such as tomatoes and French beans.

❖ Some seeds will cross pollinate such as runner beans and pumpkins and unless you isolate the flowers from other plants these seeds won't be pure. Don't save F1 seeds either.

❖ Try to let the seed dry on the plant and once you've picked them and then make sure they are properly dried before storing them

in cool, dry conditions. Envelopes and airtight tins are fine but remember to properly label them, what they are, variety and what year you saved them.

❖ There's a little bit more info on our website, but if you are really serious get in touch with the Heritage Seed Library and get yourself a copy of Sue Stickland's 'Back Garden Seed Saving' published by eco-logic books.