

## Seedy Sunday Talks

We have four fascinating talks at Seedy Sunday this year. All talks will take place in the assembly hall by the main school building, signposted and marked 'talks' on the map, and will last an hour.

Time	Title	Speaker	Summary
10.30 to 11.30	Gardening for Biodiversity	Jools Lawton from Brighton CSA – Fork and Dig It	Jools will talk about what inspires the team in their work with Community Supported Agriculture, why biodiversity is important and how to support it.
12 to 1	Why Save Seeds?	Helene Schulze, part of the collective behind the London Freedom Seed Bank.	Helene will discuss the political and social benefits of seed saving, with some inspiring stories from around the world.
1.30 to 2.30	Local Gardeners' Question Time	Chaired by Kate Harrison of Seedy Sunday	The panel will feature: Pat Childerhouse (aka Bowen); Jools Lawton, Ruth Urbanowicz from BHOGG
3 to 4	No Dig Gardening	Charles Dowding: pioneer of NoDig	Charles will explain the wonderful benefits of working more closely with natural processes.

WWW.SEEDYSUNDAY.ORG

# SEEDY SUNDAY

COMMUNITY SEED SWAP

## Welcome to Seedy Sunday 2023!

It's the start of the gardening year! For our 21st anniversary we're back with a full event:

- Come to the **Seed Swap tables** to pick up open-pollinated and heritage seeds. You can swap your packets of seeds, or contribute 50p per packet
- While you're there, get some **advice from expert seed-savers** and the volunteers on the tables
- Check out the **Programme of Speakers** – what questions would you like to ask at our Local Gardeners' Question Time?
- Join your child to enjoy **children's activities** together at the Forest School
- Grab a cuppa and lunch at the **pop-up cafe** in the cafeteria and a hot drink and tasty snack in the seed swap area
- Browse and shop for gardeners' delights at the **marketplace** – the full list of stallholders is on the Seedy Sunday website [www.seedysunday.org](http://www.seedysunday.org)

Use the map or ask a volunteer to help you find your way around, and have a great time!

**Fenella Burns**  
Chair of Seedy Sunday 2023

# SEEDY SUNDAY

## Making Seedy Sunday happen

Seedy Sunday would not happen without the volunteer organising committee. Thank you for all your time, energy and good spirit.

Fenella Burns – Chair  
James Bradley – Treasurer  
Ros Loftin – Seed Swap  
Saskia Wesnigk – Seed Swap  
Kate Harrison – Speaker Programme  
Beth Chaplin – Communications  
Ruth Chalker – Volunteer Manager  
Amy Hope – Graphics and illustration

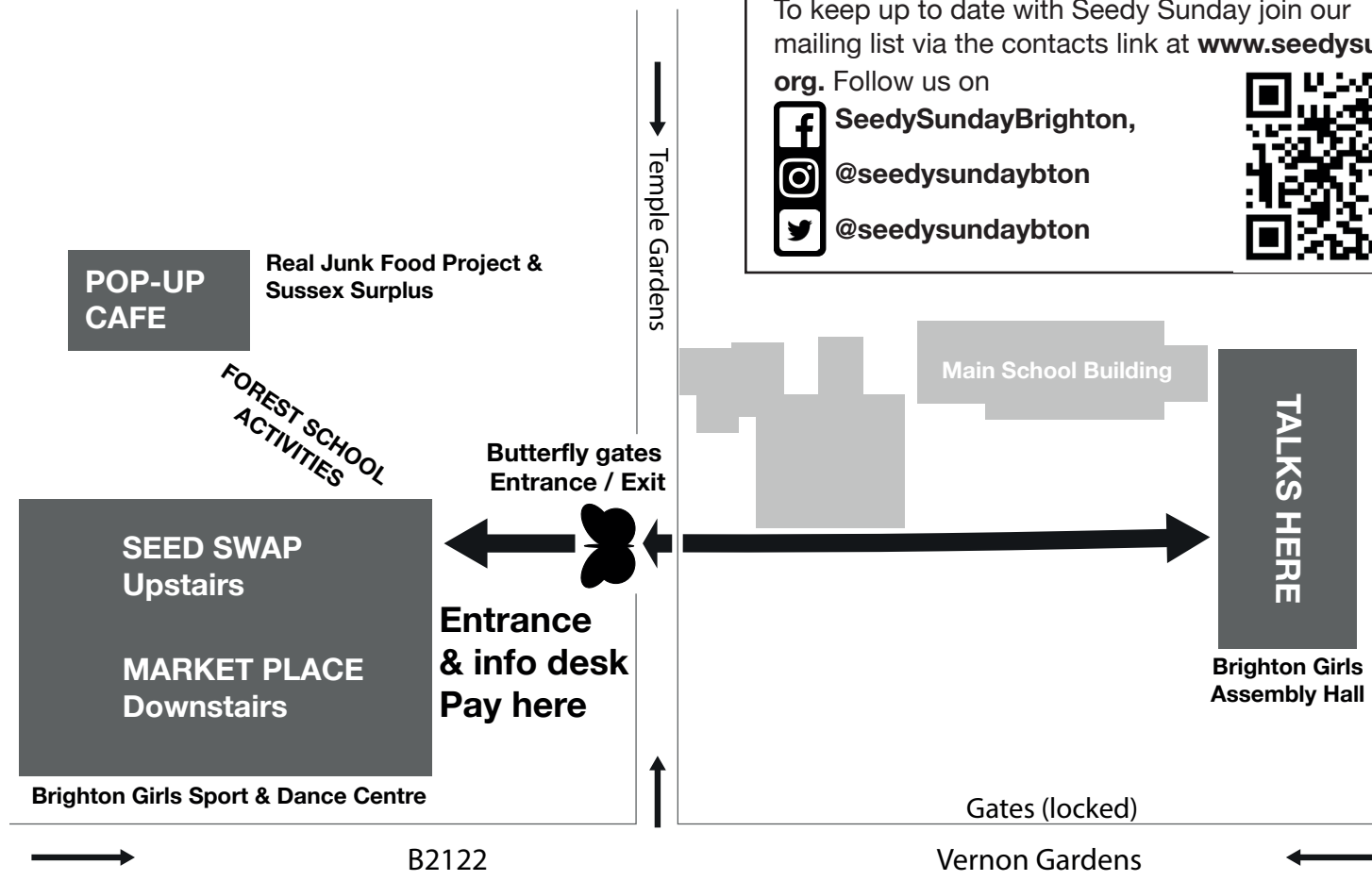
We also have over 40 volunteers helping to make the day run smoothly. They love being part of this fun and engaging event. If you would like to become a volunteer for Seedy Sunday 2024, or join the committee, then sign up at the website or at the Info Desk today.



## Infinity Foods

**Seedy Sunday is proudly sponsored by Infinity Foods.**

We're very lucky to have a great relationship with the team at Infinity Foods. They generously sponsor us every year, display our posters and give away our seed envelopes in their shop on North Road Brighton. They also run a fantastic stall at Seedy Sunday selling organic seed potatoes.



## Stay in Touch

To keep up to date with Seedy Sunday join our mailing list via the contacts link at [www.seedysunday.org](http://www.seedysunday.org).

Follow us on



SeedySundayBrighton,

@seedysundaybton

@seedysundaybton



## Thank you!

Thanks to all our fabulous volunteers who make the day run smoothly. We really couldn't do it without you!

- Everyone who donated seeds to the seed table
- Infinity Foods for their continuing support and sponsorship
- Rebecca, Izabela and all the team at Brighton Girls
- Event Manager and their team
- Barcombe Nurseries for distributing flyers in their veg boxes

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